Contents



- 12 -SPRING HAUL-OUT Shipyard Confidential Maintenance tips from BC Shipyard Crews BY DAVID R. CONN
- 16 STAND BY Newsletter of the Vancouver Island Branch of the Canadian Institute of Marine Engineering
- 18 WATERFRONT: MID ISLAND Nanaimo, Ladysmith, Chemainus & Port Alberni BY SIMON HILL
- 40 -MARINER PROFILE From Tugs to the Front Office Duke Point Terminal's John Lucas BY DOUGLAS KERR
- 44 ► WESTERN PORTS & TERMINALS Howe Sound Pulp and Paper BY FRED McCAGUE

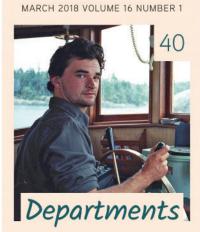
On the cover:

Gowlland Towing's 34-ft, 1,000-hp INLET ROYAL (ex CHELSEA K, 1992, A.R. Sharcott) heads out of Nanaimo Harbour with some logs bound for Island Timberlands (see page 20 in this issue). PHOTO BY SIMON HILL





CANADA'S COMMERCIAL MARINE MAGAZINE



Rob Morris Fair Winds and Following Sea	4
From the Publisher's Desk	4
Letters	5
Name This Spot	10
A Letter from Home Castes and Cooking BY MRS. AMOR DE COSMOS	11
Deck Watch No. 158 Col Regs and Whales BY CAPT. BARB HOWE	51
In the Shipyards Arrow Marine Services, Bracewell Marine Group, Canadian Maritime Engineering - Port Alberni Division, Commodore's Boats, Fraser Shipyard & Industrial Centre, Gronlund Boatworks, Tarkanen Marine Ways, Tom-Mac	
Shipvard	

62 Calendar

63 Classifieds